

Prawn and Avocado Wrap Recipe

Ingredients:

- Prawns – 150 gms, cooked, peeled
- Avocado – 2, ripe, stoned, peeled, chopped
- Juice of 1 Lime
- Tomatoes – 2, deseeded, chopped
- Spring Onions – 2, sliced
- Tortillas (or Roti) – 2, cooked (if using readymade, warmed)
- Mixed Salad Leaves – handful
- Tabasco Sauce – little
- Pepper Powder as per taste



Method:

- Combine the avocado, lime juice, tabasco sauce and pepper powder.
- Lightly mash.
- Add tomatoes and spring onions.
- Add 2 tblsp of this mixture to the tortillas and spread.
- Sprinkle some salad leaves and roll tightly.
- Serve.